



VIRGINIA  
LEGACY

## SUMMER 2010 CAMPS

### LOCATION:

James City / Williamsburg County Community Center  
5301 Longhill Road  
Williamsburg, VA 23188

### COSTS:

Half Day - \$75

Full Day - \$145

All Camps include a Legacy Soccer Camp T-Shirt and Free Soccer Ball!!!

### HALF AND FULL DAY CAMP DATES:

M – F : June 21 – June 25 (Half Day or Full Day Available)

M – F : June 28 – July 2 (Half Day or Full Day Available)

M – F : July 26 – July 30 (Half Day or Full Day Available)

### FULL DAY GIRLS ONLY CAMP DATES:

M – F : July 12 – July 16 (GIRLS AGES 6 - 11)

### HOURS:

Half Day - 9:00am to 12:00pm

Full Day - 9:00 am 5:00pm



**FREE SOCCER  
BALL!!**

## SOCCER CAMP PROGRAMS

### RECREATIONAL SOCCER CAMPS (AGES 6 - 14)

#### What to bring each day to camp:

- Sunscreen
- Athletic Clothes
- Flat Sole Shoes
- Swimsuit/ Towel
- Shinguards
- Water Bottle
- Lunch
- Soccer Cleats (optional)



#### SAMPLE FULL DAY CAMP SCHEDULE:

- 9:00 - 9:30: Camp Meeting/Warmup
- 9:30 - 10:45: Soccer Specific Instruction of the Day (Dribbling, Pass, Shoot, Heading or Goalkeeping)
- 10:45 - 11:00: Snack
- 11:00 - 12:00: Soccer Games
- 12:00 - 1:00: Lunch
- 1:00 - 2:45: Swimming Pool/ Movies
- 2:45- 3:45: Indoor Soccer
- 3:45 - 5:00: Soccer Scrimmages

For more information, please call  
757-253-8572 or [www.valegacysoccer.com](http://www.valegacysoccer.com)  
[obrien@valegacysoccer.com](mailto:obrien@valegacysoccer.com)

## ABOUT LEGACY CAMPS

The JCC Parks and Recreation and the Virginia Legacy Soccer Club have teamed up to bring you the best recreational soccer camp available on the Peninsula. This camp will include instruction on the fundamentals of soccer and are designed to meet the needs of beginner, developmental, recreational, and advanced soccer players. Boys and girls will be placed in groups based on age and skill level so that there is a good fit for each group.

The camp revolves around soccer related games, activities, trainings, and competition. All participants will receive a Nike Legacy Soccer Camp shirt and a soccer ball. The camp is focused on fun and development of soccer skills. The camp is focused on fun and development of soccer skills. The camp will take advantage of the JCWCC indoor facilities to make the summer camp more enjoyable by rotating the daily activities indoor & outdoor, and allowing time for the kids to utilize the JCWCC swimming pool!

Each camp will have a full day or half day option available.

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## REGISTRATION FOR SUMMER CAMP

Player Name \_\_\_\_\_

DOB \_\_\_\_\_ M/F

ADDRESS \_\_\_\_\_

Parents \_\_\_\_\_

Phone # \_\_\_\_\_

Cell # \_\_\_\_\_ / \_\_\_\_\_

Email \_\_\_\_\_

Alt. Email \_\_\_\_\_

Emergency Contact and Phone #: \_\_\_\_\_

Physician \_\_\_\_\_

Phone \_\_\_\_\_

Insurance Carrier \_\_\_\_\_

Policy # \_\_\_\_\_

List any conditions or medical history which would aid in an emergency, allergies to medicine, etc. \_\_\_\_\_

Select week for registration (Circle one)

- 6/21 to 6/25
- 6/28 to 7/2
- 7/12 to 7/16 (Girls Only)
- 7/26 to 7/30

T-Shirt Size: YS / YM / YL / YXL / AS / AM

### Medical Waiver:

The player has been granted permission to attend and participate in the JCC/VLSC Soccer Camp. In exchange for the privilege of the player participating in this program, I, the undersigned waive any legal claim against those associated with this program, in the event the player is injured while participating in this program.

I, the undersigned give my consent, in case of injury, to have a coach, athletic trainer, medical doctor, nurse, hospital or clinic provide the player with medical assistance and/or treatment, and agree to be financially responsible for the reasonable costs of such assistance and/or treatment.

Parent Signature \_\_\_\_\_

# THANKS TO OUR PARTNERS



### Soccer Camp Registration Procedures: For your convenience we offer 2 ways to Register

- 1) Complete the JCC/VA Legacy Soccer Camp registration attached to this brochure and mail check made payable to Virginia Legacy Soccer Club, 1117 Old Colony Lane, Williamsburg, VA.
- 2) Go to [www.valegacysoccer.com](http://www.valegacysoccer.com), click on camp programs and complete the online application making payment with credit card.

Call 253-VLSC (8572) if you have any questions.

For more information, please call  
757-253-8572 or [www.valegacysoccer.com](http://www.valegacysoccer.com)

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\*\*\*Early Drop Off @ 8:00am available \*\*\*