

## Create Supporting Angles To Keep Possession

Date : 3/Feb/2014

Duration : N/A

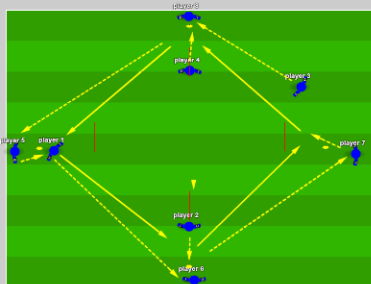
Session

Time : N/A

Age/Level :

Objective:

### Dutch Passing Box



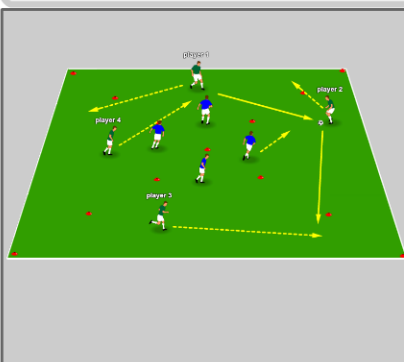
**Description :**

PLAYER 1 plays the ball to PLAYER 2.  
 PLAYER 2 will start on the pole in front and as PLAYER 1 plays the ball PLAYER 2 will back peddle to the cone to receive the pass.  
 PLAYER 1 then follows his pass and goes to the end of the next line.  
 PLAYER 2 will receive the ball and then play the ball to PLAYER 3. This rotation will continue around the grid.

**Coaching Points :**

- Sharp clean strike through the middle of the ball.
- 1st touch out of pressure
- Open your hips to see the field.
- Take the weight out of the pass for the lay off.
- Quick, explosive movement to create space.

### 4 v 4 Possession to Create Support



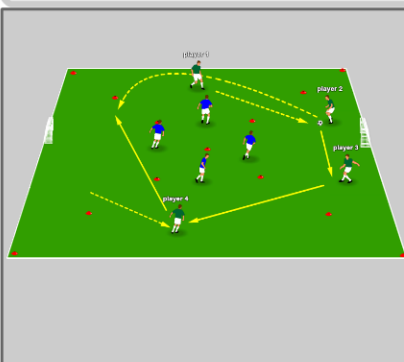
**Description :**

Green has possession of the ball. 6 passes equals a point. Once Green plays the ball to another Green player they must leave the triangle that they are in before they can receive another pass. If they receive a ball in the same triangle in which they played the ball in possession is given to the other team.

**Coaching Points :**

- Strike and then quickly move.
- Create to best angle by running the shortest distance.
- Anticipate your movement before you play the ball.
- Can you dribble to create space and angles.

### 4 v 4 Possession to Goal (Create Supporting Angles)



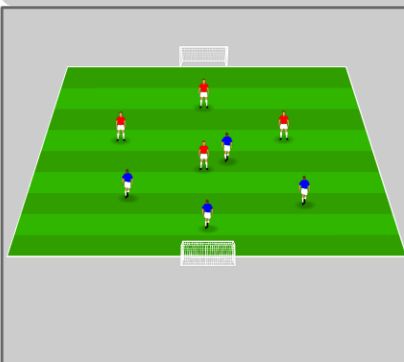
**Description :**

Green has possession of the ball. 6 passes equals a point. Once Green plays the ball to another Green player they must leave the triangle that they are in before they can receive another pass. If they receive a ball in the same triangle in which they played the ball in possession is given to the other team.

**Coaching Points :**

- Strike and then quickly move.
- Create to best angle by running the shortest distance.
- Anticipate your movement before you play the ball.
- Can you dribble to create space and angles.
- Cues to anticipate movement.

### Drill file name/title goes here



**Description :**

- Normal match to goal.
- Normal game rules apply.

**Coaching Points :**

- Coaching points should be made through the run of play with only nature stoppages interrupting the flow of the game.